

State Disease Management Programs Outlook

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Key Items

- NGA Center for Best Practices
- Landscape Affecting Priorities
- Challenges for State DM Programs
- State DM Programs
- Opportunities



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The Landscape Affecting Priorities

- Uncertainty over federal reform
- 2/3 of gubernatorial offices will change in 2010
- States face over \$600 billion in budget cuts through 2011



Challenges for State DM Programs

- Concern over efficacy and sustainability of prevention programs
- Medicaid budget cuts; locating Medicaid recipients
- State employee furloughs, sensitivity about benefits
- Working with unions
- Having enough specialists in coordinated care
- Target highest risk or focus on keeping the well healthy?



State DM Programs

- Illinois – reaching Medicaid populations
- New Jersey– reaching providers
- Nebraska and North Carolina – launching/expanding programs during current economic challenges
- Minnesota and Montana – working with unions
- Minnesota – health IT



Opportunities

- Health Reform
 - may include Medicaid expansion; billions for health IT
 - much discussion on quality, coordinated care, management/prevention of diseases
- State Employee Retirees
 - health reform bill includes discussion on wellness and pre-Medicare population
- ARRA Funds
 - \$650 million for evidence-based clinical and community-based prevention and wellness strategies



For More Information

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